

September 2024

Monday	Tuesday	Wednesday	Friday
2	3	4	6
LABOR DAY  Center Closed	Stuffed Pepper Italian Blend Vegetables Breadstick Banana Pudding	Chicken Caesar Wrap Pasta Salad Cookie 	Salisbury Steak Mashed Potatoes Gravy California Blend Vegetables WW Roll Fruit
9	10	11	13
Chili With Toppings Cornbread Jello 	Tuna Salad Sandwich Tossed Greens Sun chips Fruit	Layered Fiesta Rice Bowl Ground Turkey Sour Cream/Salsa Avocado & Tortilla Chips Melon cubes	 Chef Choice! 
16	17	18	20
Chicken Teriyaki Brown Rice Kyoto Vegetables Brownie	Egg Salad Sandwich Carrot Sticks Chips Fresh Fruit	Pesto Chicken Breast Strawberries/Avocado Spinach Salad WW Roll Cookie	Pizza Green Salad Ice Cream Cup HDM-Peaches & Cream Cup
23	24	25	27
Broccoli Beef Brown Rice Sugar snap Pea Blend Mixed Fruit	½ Toasted Ham & Cheese Sandwich Cup of Tomato Soup Cookie 	Southwest Salad Chicken/Corn/Beans/Red Onion/Olives/Cheese Salsa/Chips Fruit	Roasted Turkey Mashed Potatoes/Gravy Green Beans Apple Crisp
30			
Tortellini with Meatballs Vegetables Garlic Toast Pudding cup			

Lunch is served at the Community Center on Mondays. Tuesdays, Wednesdays and Fridays at 12:00 pm. Donations (\$3.50 for those 60 and over and \$4.25 for those under 60) are encouraged but not required. Menu subject to change due to availability of supplies and produce.